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# Single Parenting That Works: Six Keys To Raising Happy, Healthy Children In A Single-Parent Home



## Synopsis

Being a parent is challenging enough. Being a single parent can seem downright impossibleâuntil now. Drawing on material from his successful *Single Parenting That Works* curriculum guide and video series, America's favorite parenting expert, Dr. Kevin Leman, brings help and hope to the legions of single parents struggling to raise happy, healthy, well-adjusted children in a loving, caring and biblically grounded way. Using his trademark quirky, no-nonsense approach, Dr. Leman shows parents how to build healthy, mature relationships with their former spouses, how to develop their children's self-esteem, and how to discipline and relate to their kids in accordance with their unique God-given personalities. Features: Building stability for your children by getting your own life in order. How forgiveness opens the door to healthy relationships Learning to deal with your âexâ with an olive branch rather than a hammer Dating and remarriage Helping your child thrive in a single parent home

## Book Information

Paperback: 288 pages

Publisher: Tyndale House Publishers, Inc.; annotated edition edition (November 1, 2006)

Language: English

ISBN-10: 1414303351

ISBN-13: 978-1414303352

Product Dimensions: 5.4 x 0.7 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 starsÂ See all reviewsÂ (17 customer reviews)

Best Sellers Rank: #367,394 in Books (See Top 100 in Books) #59 inÂ Books > Parenting & Relationships > Parenting > Single Parents #990 inÂ Books > Christian Books & Bibles > Christian Living > Family #75757 inÂ Books > Religion & Spirituality

## Customer Reviews

Before reading this book I felt like I needed to find someone to fill the role of "dad" for my kids. I am so glad I read this book before making that mistake! Now I feel encouraged that I can be a good mom, with thriving kids. I felt this book was jam-packed with practical advice and also had great wisdom. I am now confident that I can do the job! This is a must read for anyone who finds him/herself as a single parent.

Okay, I first got this book from my local library, and I find the information in it so helpful. I just had to

have a copy for myself. Plus I didn't want to lose all of the notes and highlights I had made. This information helps those single parents that really trying their best in raising a good child, but also one that has morals and values in God. Good Luck and God Bless.

This book had several good tidbits of information to help any single parent. I'm happy to have read it, however there are many opinions of Kevin Leman's that are not backed by facts. I would advise anyone who reads this book to pay attention to the practical advice, but ignore the opinions - some of which lead me to question the sanity of the writer - such as "boys should live with moms and girls are better off with dads." I don't think he'd be saying that if he had a little girl ask him to go bra shopping or bring up the topic of menstruation.

Solid parenting advice on discipline and instilling values in children. However, when he starts talking about dating, just skip the entire chapter. He actually advises not dating at all until your kids are in their early 20s. And if you do date, no sex which he thinks is challenging for the men who are 'used to regular, marital sex'. He also advises men to avoid trading off financial and social status for an attractive woman. Excuse me? We live in an era where women have equally high sex drives as men (because we are allowed to express them) and are just as likely to be tempted to be a 'sugar Momma' trading off our financial and social status for a pretty boy. Get with the times. Women go to college/grad school/med school/law school now and have real careers and income. We need real advice. And please... sentencing single parents to no affection, no romance, no connection, and certainly no sex for 15+ years while they raise their kids as martyrs seems like a steep punishment for getting left by your spouse and becoming single when a parent. It's clear he's never been single long, much less a single parent. Take your advice on this topic from someone who has a clue.

I've never written a review, and as a single parent, have precious little time to do so, but this book has inspired me to warn others. This author espouses extremely socially conservative so-called 'Christian' right-wing views and makes strong negative judgments against individuals who have sex outside of marriage or who would consider abortion, even in the case of rape. This book is based entirely on opinion and the author's experience, which is obviously quite colored by his world views. Note that there is no empirical research cited to support any of his statements. Dr. Leman casts single parenthood as the result of some mistake, misfortune or lack, and never as positive choice. The book absolutely drips with sex stereotypes, for example advising single mothers to find male role models for their daughters who can also come and help out with car repairs and other

mechanical problems around the house. Some of the other reviews have also highlighted his simplistic reasoning about complex issues (i.e., all things being equal, boys should live with their mothers and girls with their fathers; and, you gotta love this, no dating as a single parent until your kids are 18 and out of the house, or ideally, 21!!). What about the idea that happy and fulfilled parents are better parents!

Dr. Leman is very down-to-earth with his advice on how single parents can create a great environment for children even without both parents. Although both parents are ideal, it's not ideal for all situations, and this book gives hope for those who were without it.

Bob, your review makes me frustrated because it's obvious to me that even though you might have walked away with "tidbits" you missed the MAJOR underlying message that is so essential that Dr. Leman is trying to get us to understand. The message is that the OPPOSITE parent has such a role in shaping their children that a bond can be created that the little girl WILL feel comfortable asking him about a bra--that's the WHOLE point. You seem to forget that the single parent is the ONLY parent that child has, so of course, by using the principles in this book that child will feel comfortable in asking absolutely everything. As a sidebar, as a university professor who uses Dr. Leman's materials in three of the classes that I teach for my graduate students. I use his materials because they are well documented and his bibliography is extensive.

Great book. I enjoy all of his books. I've been putting these strategies into practice. I can tell a difference in my child and my parenting skills. Our home is a much happier place.

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